



# St Agnes Catholic High School

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to truth through love

SCHOOL WEBSITE: [www.stagnesrootyhill.catholic.edu.au](http://www.stagnesrootyhill.catholic.edu.au)

Follow us on FACEBOOK: [StAgnesRootyHill](https://www.facebook.com/StAgnesRootyHill)

## Diary Dates

### 12 September

St Agnes Day  
Elective Music  
Performance Evening

### 17 September

Elective History  
excursion

### 18 September

Year 7 Reflection Day  
Last day for students

### 19 September

Staff Spirituality Day  
Term 3 Concludes

### 25-28 September

Yr 10 RE Ignite  
Conference

### 3 October

Feast of St Francis of  
Assisi

### 6 October

Labour Day

### 7 October

Term 4 Commences

### 20-21 October

Yr 7 Swim School

### 23-31 October

Yr 10 Assessment Block

### 27 - 18 October

Year 9 Swim School

5 September 2014

Dear Parents

The "Antique Road Show" has been a popular television programme for quite a few years. Viewers seem to get a buzz when someone, who has paid a few dollars for an item at a garage sale, learns from one of the experts that their item is really worth a few hundred dollars and on occasion several thousand dollars.

When Luke wrote his Gospel, he was on assignment from a wealthy man named Theophilis who wanted to know if what he had heard about Jesus was true, because he seemed to be a very different teacher to other Jewish teachers. Luke tells us how he went about his assignment: "I have made a careful study of everything and then decided to write to you and tell you exactly what took place. Honorable Theophilis, I have done this to let you know if what you have heard is true." <sup>Luke 1: 3,4</sup>. So, what had Luke learned?

- That Jesus took special interest in the less respected members of society. Many Jewish religious leaders believed that poor people were religiously inferior, that God wasn't blessing them because they weren't living correctly. Jesus did not think that way at all: "The Lord's Spirit has come to me because he has chosen me to tell the good news to the poor." <sup>Luke 4: 18</sup>.

- Jewish leaders of that time considered women to be inferior. Jesus treated women as individuals and recognised both their faith and their feelings. Women helped pay for the cost of Jesus' ministry: "Joanna, Susanna and many others had also used what they owned to help Jesus and his disciples." <sup>Luke 8:3</sup>. The first person on whom the Holy Spirit came was Elizabeth. <sup>Luke 1:41</sup>. The first person to be called "blessed" was Mary. <sup>Luke 1: 28, 42</sup>. The first people to learn of the Resurrection were three women: "Mary Magdalene, Joanna and Mary the mother of James." <sup>Luke 24:10</sup>.

- Many people of that time believed that handicaps were evidence of sin. Jesus had special compassion for the disabled and took care of their needs: "Blind people are now able to see and the lame can walk. People who have leprosy are being healed and the deaf can now hear." <sup>Luke 7: 22</sup>.

- Jews considered non-Jews to be on a lower social and religious level. Jesus attitude towards other ethnic groups was revealed in the parable of the Good Samaritan. Jews despised Samaritans but Jesus dared to use one as a good example. <sup>Luke 10: 25 - 37</sup>. Jesus broke through social values and practiced equality.

Luke's portrayal of Jesus to Theophilis has touches of the "Antique Road Show" about it. Jesus befriended people who were not seen as valuable by the world around them and placed a very high value on them. By doing this, he showed us the value God has for each of us, for Jesus, early in Luke's assignment had said, "Didn't you know I had to be about my Father's business." <sup>Luke 2: 49</sup>.

As Christians in today's world, we are confronted by marginalised people whose lives have been swallowed by poverty, by addiction, by abuse, by personal weakness,

**CHRIST  
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OF SCHOOLS**

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*a diverse  
community  
learning  
together*

by the greed of others, by depression. The question for us is, "In what ways can we be like Jesus to these people?"

*Peter Brogan  
Principal*



## ***From the Assistant Principal***

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### **St Agnes Day:**

On Friday 12 September the school community will be holding its feast day with a multicultural theme for the day. The day will start with the celebration of Mass at 9.30am followed by a shared lunch from 11.15am - 12.15am. Students are asked to bring a plate of food to share. It is anticipated that many foods from different cultures are shared during this time. The day will conclude with a multicultural concert in the San Damiano Centre.

### **Student Achievements:**

There are a number of students who are doing wonderful things in and around the school that we are able to acknowledge to our community through regular newsletter items. Many of our students are involved in activities outside of school, which I would also like to publish in the newsletter showing the many varied talents of our students. I encourage you to send me details of these achievements.

### **NAPLAN Results:**

Naplan results have been released to our Year 7 and 9 parents and there were very pleasing growth levels. More details of these results will be published within the next month.

### **Teaching and Learning:**

We are all learning every day and growing individually as well as a community. I would encourage our students to speak out if they see things happening in our school which are not consistent with our values. It is not good enough to be the silent observer; each of us needs to take responsibility for making our school a place where every member feels welcomed and accepted. Once we accept the responsibility for changing ourselves, we will begin to see changes in our community and ultimately in our world.

### **Picking up and dropping off students before and after school**

I would like to remind parents that double parking, anywhere, is against the law but more particularly very dangerous within a school zone. It is important that parents and visitors to school follow the road rules regardless of how inconvenient this could be at times. As you would be aware our site is extremely busy. Parents are asked not to drop off or pick up their children in the car park from 7.30 am to 3.00 pm. The gate will be closed so that we can maintain the safety of our students. Your cooperation on this matter would be greatly appreciated.

### **Communication**

It is very important for parents/guardians to be involved in their child's learning. If you have a question or a query regarding homework, attendance, motivation, study techniques or any other information regarding your child's education send a message to your child's learning advisor in this/her diary or call during school hours on 8882 0700. You may like to contact me at [pregan@parra.catholic.edu.au](mailto:pregan@parra.catholic.edu.au) or call on 88820701.

Thank you for your continued support.

*Peter Regan  
Assistant Principal*



## From the Teaching & Learning Coordinator

Parents of students in Years 7 & 9 should have received their child's NAPLAN reports. Please take the time to read through this report to see how your child is performing in the two key learning areas of literacy and numeracy. These tests provide an important measure of how all students are performing against national standards. Our teaching staff are committed to improving student levels of literacy and numeracy and we encourage parents to assist us in the development of these fundamental skills.

Below are activities that parents can do with their child to help them apply the literacy and numeracy skills they learn at school.

- Read some of the same books as your child and talk about characters, storylines and themes.
- When assembling a newly purchased item, ask your child to assist with the reading of the instructions and interpreting diagrams.
- Read the newspaper with your child and choose an article to discuss and ask questions such as 'what is the report telling you?' and 'what does this word mean?'
- Use language that encourages thinking and reflection such as 'do you agree with what was written in that newspaper article or story?' Have your child locate sources within the story or text to support their point of view.
- Talk about movies you have seen and discuss why a filmmaker may have created a movie in a certain way, the purpose of the film, the intended audience and what points of view or values are conveyed. Talk about language choices and why characters are represented in certain ways.
- Use numeracy decision-making opportunities in everyday life, such as a car trip by calculating how much fuel is required, estimating travel times and distance travelled/remaining, interpreting maps to calculate distances and the shortest route to take in planning a trip.
- When out shopping, estimate the final cost of discounted items, for example, the cost of an item with a 25 per cent discount.
- Help your child plan and create a budget and discuss how to maintain it. You could focus on saving for a particular item that they would like to purchase.
- When choosing a family holiday destination, ask your child to analyse a brochure or advertisement for the destination. Discuss the type of language used in the brochure and get your child to compare or calculate the cost of the holiday, including air, bus or rail fares, petrol, accommodation, food and entertainment to see if it fits within the family budget.
- Play card and board games together.
- Look together at numerical information, statistics and data in newspapers and think critically about the author's purpose.
- Discuss time management skills such as planning and setting priorities.
- Talk about household bills, such as telephone, electricity and rates. Analyse graphs and discuss costs and ways to reduce energy consumption.
- Compare the cost and value of various mobile phone plans and providers to find the most economical option based on call costs, calling patterns, your phone usage and analysing previous bills.

*Laurence De Martin*

**Teaching & Learning Coordinator: Curriculum**

### LOST PROPERTY

If your child has lost an item this term please make sure that your child goes to the Student Office before the end of Term to see if it has been handed in.

Please place your child's name on all clothing.

Parents are reminded that unclaimed lost property will be donated to St Vincent de Paul at the end of each term.

### SCHOOL ABSENCES

It is a legal requirement that a note be sent to school to explain all absences. When writing a note to explain your son's absence please include:

Your son's/daughter's full name

His/her Homeroom

The date of the absence/s

The reason

Your signature



## *From the Religious Education Coordinator*

As we come to the end of another busy term we are able to celebrate a number of people/occasions.

Firstly, this weekend is an opportunity to show gratitude and thanks to all of our Fathers within our community. Fatherhood calls for many challenges and hardships, which every Dad bears with pride and happiness. Your Dad has been your first friend who has always been with you, no matter what. He is the one person who has bestowed you with unconditional love and care, without asking for anything in return. When it comes to the relationship you share with your father, there are absolutely no strings attached. He may not show it, but he is always there for you, with his unwavering support and assistance.

How often do you take out time to whisper a silent prayer to God for the health and happiness of this special person in your life? Most of you would prefer not to answer the above question. This Father's Day, take it as an opportunity to seek blessings for your father, with a special prayer of gratitude.

*God our Father,  
in your wisdom and love you made all things.  
Bless those fathers, who have taken upon themselves  
the responsibility of parenting.  
Bless those who have lost a spouse to death  
who are parenting their children alone.  
Strengthen them by your love that they may become  
the loving, caring persons they are meant to be.  
Grant this through Christ our Lord.  
Amen!*



On 12 September, as a school, we will all unite and come together to celebrate the Feast of St Agnes. This is first and foremost our school feast day but secondly we are able to celebrate our multicultural diversity. Students are to come dressed in traditional dress on the day. We will celebrate Mass as a community in Christ and will follow with a celebration of our multicultural heritage. I hope to show features of our celebrations in our next newsletter.

*Julie Atkins*

*Religious Education Coordinator*



### ***Schoenstatt Jubilee - 19 October 2014.***

The Schoenstatt Movement celebrates 100 years of foundation this year and a day of celebrations is planned for Sunday 19 October at Mt Schoenstatt, 230 Fairlight Road, Mulgoa. The day begins at 10am. At 10.30am a Solemn Pontifical Mass will be celebrated by the Papal Nuncio Archbishop Paul Gallagher. Lunch will follow and then an international festival with activities for children. The day will conclude with Benediction at 3pm. All are welcome. For more information email [info@schoenstatt.org.au](mailto:info@schoenstatt.org.au) or phone 4773 8338.



## 2014 Books of the Year

The Children's Book Council of Australia has released a list of winners for Book of the Year Awards for 2014. The following books are now available from our library

### Book of the Year: Older Readers (NB: These books are for mature readers)

Winner			
Wood, Fiona	Wildlife	<i>Pan Macmillan Australia</i>	9781742612317
Honour Books			
Near, Allyse	Fairytales for Wilde Girls	<i>Random House Australia</i>	9781742758510
Zorn, Claire	The Sky So Heavy	<i>University of Queensland Press</i>	978072249761

### Book of the Year: Younger Readers

Winner			
Jinks, Catherine	City of Orphans: A Very Unusual Pursuit	<i>Allen &amp; Unwin</i>	9781743313060
Honour Books			
Jonsberg, Barry	My Life as an Alphabet	<i>Allen &amp; Unwin</i>	9781743310977
Wolfer, Dianne Ill. Brian Simmonds	Light Horse Boy	<i>Fremantle Press</i>	9781922089137

### Book of the Year: Early Childhood

Winner			
Ormerod, Jan Ill. Andrew Joyner	The Swap	<i>Little Hare, Hardie Grant Egmont</i>	9781921541414
Honour Books			
Brian, Janeen Ill. Ann James	I'm a Dirty Dinosaur	<i>Puffin Books, Penguin Group (Australia)</i>	9781921541087
Gleeson, Libby Ill. Freya Blackwood	Banjo and Ruby Red	<i>Little Hare, Hardie Grant Egmont</i>	9781921541087

### Picture Book of the Year

Some of these books may be for mature readers (Arranged by illustrator)

Winner			
Tan, Shaun	Rules of Summer	<i>Hachette Australia</i>	9780734410672
Honour Books			
Bland, Nick	King Pig	<i>Scholastic Press, Scholastic Australia</i>	9781742834955
Graham, Bob	Silver Buttons	<i>Walker Books, Australia</i>	9781406342246

### Eve Pownall Award for Information Books

Winner			
Faile, Christopher Ill. Danny Snell	Jeremy	<i>Working Title Press</i>	9781921504402
Honour Books			
Burarrwanga, Laklak and Family	Welcome To My Country	<i>Allen &amp; Unwin</i>	9781743313961
Gouldthorpe, Peter	Ice, Wind, Rock	<i>Hachette Australia</i>	9780734411556





## Word of the Week

### SYNTHESIS

**Definition** - To combine and/or bring together different parts or elements

**E.g.** Synthesis of ideas is needed when constructing an essay response.

## Word Puzzles

Can you name the common expression/phrase that the words in each box are making?

DEAD BODY MY	<b>NO NO</b> <b>RIGHT</b>	Ci ii
<b>LOOKING</b> <b>1111</b>	BBBBBB	BRAIN KIDNEY HOME HEART

## Commonyms

What do all three words have in common?

1. Hair - A Brain - An Ocean
2. A Bride & Groom - A Boat & Trailer - A Horse & Buggy
3. A Scale - A Tire - A Chequebook
4. An Aquarium - An Army - A Car
5. A Sports Page - A Movie - A Broadway Musical
6. A Cook - A Toilet - College Football
7. A Doughnut - A Cavity - A Prescription
8. A Coal Miner - A Dentist - A Guitar Player
9. A Male Goat - A Dollar - A Male Rabbit
10. A Doctor - A Mailman - Domino's



## *From the School Counsellor*

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Parents naturally want the best for their children but sometimes their attempts to improve a situation may lead to unintended consequences.

According to Arizona State University (ASU) researchers, when parents attempt to reduce childhood anxiety, a 'protection trap' may result that actually reinforces a child's feeling of anxiety.

The paper is published in the journal *Child Psychiatry and Human Development*. In the study, researchers analysed self-report questionnaires and clinical interviews that were completed by 70 children aged six to 16 who were being treated for anxiety at a university-based program.

"Anxiety in kids is one of the most common disorders in childhood. A certain amount of anxiety is normal and necessary to stay safe.

"It's when the problematic levels of anxiety crop up, when you can't go to school or hang out with friends that it becomes a major problem," said researcher and ASU graduate student Lindsay Holly.

"That's when we can really look at what parents are doing and guide them in having a big impact on helping their kids cope with fears."

Parents may fall into the protection trap with scared children that is helpful in the moment, but reinforces their long-term feelings when the kids realize that they receive positive attention from the behavior.

The study examined behaviors that may enable anxiety through reinforcement, punishment, and modeling.

"The protection trap can be confusing for parents to understand," Holly said.

"For instance, anxious children often ask for reassurance far more than other children, yet reassurance in the face of anxiety and fear sometimes gives the message that there is something dangerous in the environment to worry about, thus promoting avoidance of every situation that is perceived to be scary," she said.

Another aspect of the protection trap identified through the study involves parents who allow their kids to avoid situations that are scary or uncomfortable. Excuses may be made in order to avoid scary things or situations and that can increase anxiety.

"The more a child avoids a situation that may be scary, the scarier it becomes because they don't have a chance to overcome it."

Researchers believe the children are not being given the chance to develop the coping skills or strategies to deal with the situation appropriately. Sometimes



parents swoop in to take control when a child starts to show signs of anxiety or fear.

Parents may tell the child what to do, how to behave, and what to say during situations when the child is anxious. Or they might do things on behalf of their child.

"They do the scary thing for them. The children don't overcome the situation and they keep feeling anxious," Holly said.

Parents who RSVP their regrets for the child don't necessarily help children who may be fearful of avoiding situations such as going to a birthday party because they are anxious about it.

Parents can monitor how their own reaction to their child's anxiety affects their kids, thinking about the best way to respond and giving their children positive attention when they do something brave or face their fears in scary situations.

"It's also important to minimize the positive attention given to anxiety, though it's hard for parents to see their kids in distress," Holly said.

"Even anxious children naturally face fears and situations that are frightening to them. Parents can look out for this type of bravery, no matter how small, and reward their child.

"Attention is often the most powerful type of reward so doing easy things like giving a high five, a smile, or a simple 'I like how you faced your fears!' can go a long way," Holly said.

"Being supportive and helping kids face their fears is really the key," she said.

## 40hr Famine Team

Even a clean glass of water is a luxury for some people and to highlight this fact a group of students went without creature comforts Australians take for granted. For 40 hours students tackled the challenge and went without food, electronic devices and furniture to raise awareness of poverty as part of the World Vision 40-Hour Famine.

In particular, it highlighted the hunger Rwandan children face every day. Up to 43 percent of children under five are malnourished. Money raised from the 40-Hour-Famine would help build a healthy, safe community.

Most Rwandan people work in agriculture but ironically don't have enough food to eat. The country's dense population and hilly terrain mean good farmland is hard to come by. Out dated farming techniques and poor infrastructure as a result of the 1994 genocide, also contribute to insufficient harvests.

Hunger remains the number one health risk in the world. This is why the 40 Hour Famine remains so important in helping to alleviate hunger and poverty.

World Vision Australia's chief executive Tim Costello said it was great to see young Australians continuing to take action against poverty.



### Having difficulty getting your child to school?

#### Parent / Caregiver Information Evening

Does your child often say they do not want to go to school?

Is your child absent for more than 1 day a fortnight or often attending for only part of the day?

Does your child often complain of physical symptoms on school days, such as: stomach pain, headaches, nausea, tiredness.... and can't go to school?

Does your child say they can't or don't need to go to school on certain days e.g. sports carnivals, excursions, camps or avoid subjects, exams and/or assessments?

School avoidance is not uncommon however it can be difficult to manage and it can easily develop in to a major concern for parents, students and schools. We know the earlier it is recognized and responded to the better the outcomes for the student in the long term. This parent information meeting, presented by the Catholic Education Office - Student Wellbeing Team, is for parents who are concerned about their child's school attendance and want information and support to respond and manage their child's anxiety and school avoidant behaviour.

Where: Bede Polding College - Rifle Range Road Windsor South

When: Tuesday 9th September, 7pm

RSVP: 4577 6455 (Bede Polding Office)



Literacy Week took place between the 25 -29 August 2014.

In the lead up to this week students, through their English classes, were asked to submit one 15-20 line poem using at least 5 Words of the Week. The Word of the Week is a word that is promoted each week at the school to aid in improving student vocabulary when writing.

Students submitted an array of poems on a variety of topics. Each English teacher submitted the top three poems from their class and Mr Brogan decided on which student from each class would have the honour of running for the title of Grade Poet. These poems were placed anonymously online using the Moodle Program and students were given time to read and vote for the poem that they thought stood out most in their year group.

The winners on the day, as elected by their peers were: -

Year 7 - Sibylline Sabharwal wrote the poem 'Lest We Forget' and won 47% of the vote

Year 8 - Angelika Cutajar wrote the poem 'Fear' and won 22% of the vote

Year 9 - Crystal Jueco wrote the poem 'Mother Daughter' and won 20% of the vote

Year 10 - Jeurelle Jueco wrote the poem 'Untitled' and won 28% of the vote

The finalists who also competed for the title of Grade Poet included: -

YEAR 7	YEAR 8	YEAR 9	YEAR 10
Daniel Seuiha	Kristy Lambert	Layla Homs	Komal Chand
Rheanna Cusi	Ben Cole	Jessica Willett	Princess Gonzales
Imran Kopan	Jomiko Cabigting	Eboni Galea	Samuel Verceluz
Hanok Basaznew	Georgia Sabellico	Lauren Cusi	Brishty Sharma
Zackary Deegan	Paul Yao	Jaycel Francisco	Joshua Adriano
	Angela Koroneos	Shareen Mondala	
		Sheldyn Taylor	
		Bishoy El-Rab	

Students who received a special mention included: -

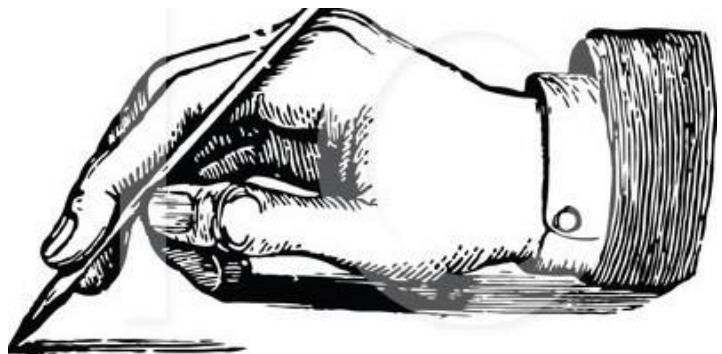
YEAR 7	YEAR 8	YEAR 9	YEAR 10
Alyanna Nuque	Angela Truong	Holly Khamo	Raven Amiatu
Armin Ramazanzadeh	Noor Anton	Thalia Trigo	Sussan Cabang

Prizes included gold class movie vouchers for the 1<sup>st</sup> Prizewinners, canteen vouchers for all finalists and a regular movie ticket for those who received a special mention.

Congratulations to all students for their efforts in submitting an excellent standard of poetry this year. It was pleasing to see so many students trying to express themselves and the world around so articulately.

Miss Linda Hicks

ESL/Literacy teacher



## LEST WE FORGET

*Sibylline Sabharwal*

To those who made us who we are,  
to those who travelled wide and far,  
to those who fought day and night,  
to those who fought with all their  
might.

To those who had benevolent hearts,  
to those who carried many carts,  
to those who struggled through  
obnoxious times,  
to those who walked through many  
mines.

To those who gave up their euphoric  
lives,  
to those who left their innocent wives,  
to those who each have an intriguing  
story,  
to those who stood up with colossal glory.

Australia's flag flies so high,  
with all pleasure joy and pride,  
their body ached, didn't rest,  
all they did was tried their best.

LEST WE FORGET.



## MOTHER DAUGHTER

*Crystal Jueco*

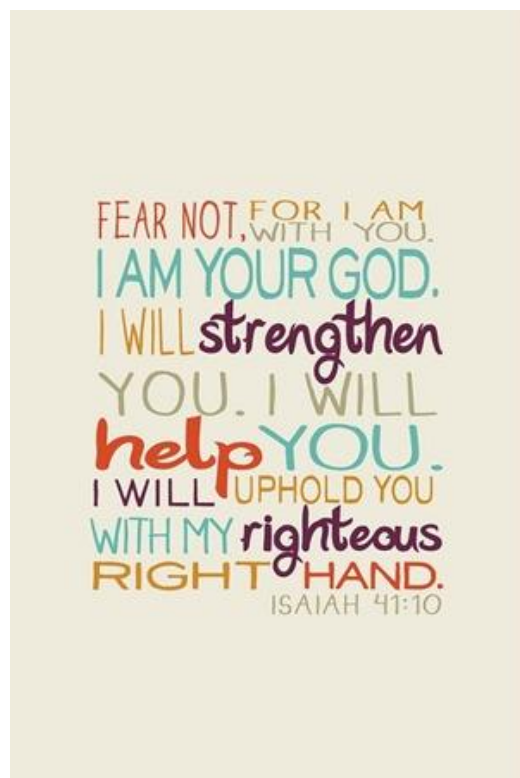
I don't know how to write my feelings  
Into a mere written line  
Memories of you make me vulnerable  
I can't lie, I'm not fine  
I miss you and our euphoric moments  
I wish that you were here  
When I think of you I cannot help  
But shed a sea of tears  
No plethora of advice can soothe me  
This pain will always remain  
You'll always be my # 1  
Our memories will forever reign  
You were there when I was little  
and you're still here with me now  
I just have to look inside my heart  
Mum, wherefore art thou?  
Six years have passed since you left  
Everything, I still recall  
I'll see you someday, it is not futile

*From your daughter, Crystal*

## FEAR

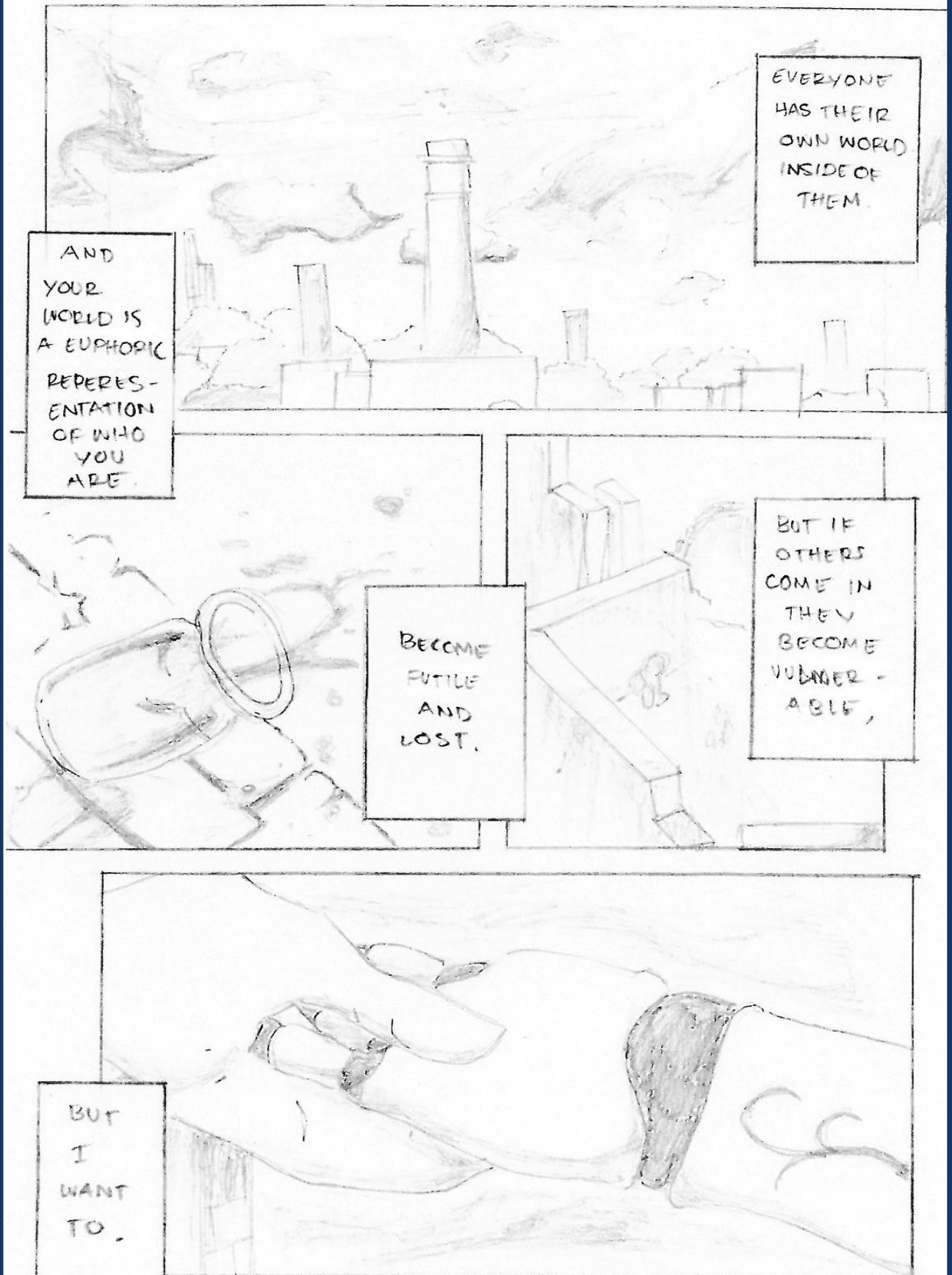
*Angelika Cutajar*

What is the definition of fear?  
If fear meant crying because you were scared  
Wouldn't you want to be confident?  
If fear meant getting hurt  
Wouldn't you yearn to be stronger?  
If fear meant losing someone you love  
Wouldn't you want to protect them?  
If fear meant sinking to the bottom  
Wouldn't you want to swim back up again?  
If fear meant screaming because of a horror movie  
Wouldn't you want to stop being afraid?  
If fear meant your life becoming obnoxious  
Wouldn't you want to make it better?  
If fear meant you could become vulnerable to everything  
Wouldn't you want everything to become vulnerable to  
you?  
If fear meant losing everything  
Wouldn't you want to try to get it all back?  
Fear is the basis of everything  
It can trap you and let you suffer  
It can make you hallucinate about the bad things in the  
world  
But if fear did not exist then  
Hope wouldn't exist  
Then we wouldn't know how to become better.

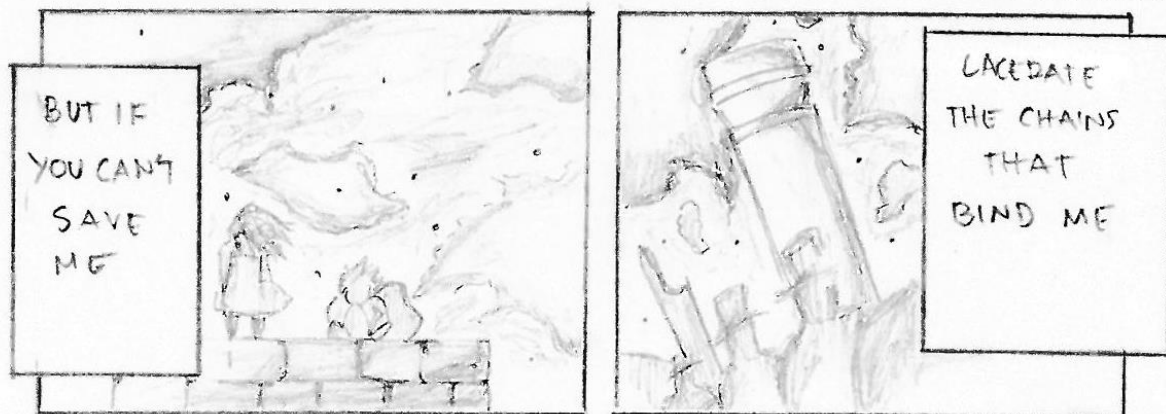
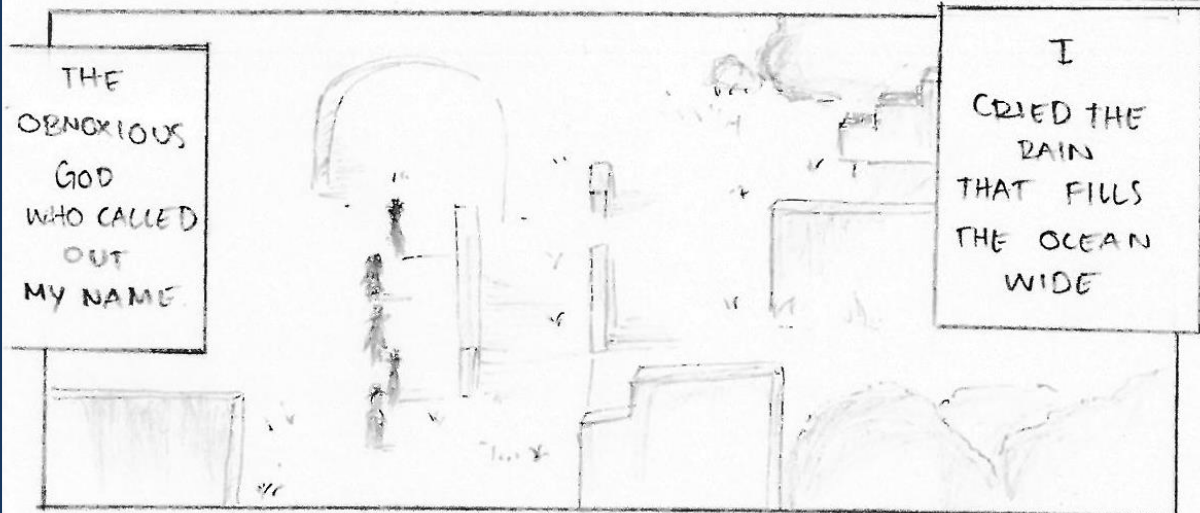


# Untitled

Jeurelle Jueco







## Communication critical to helping stressed teens

New videos and articles at [Raising Children Network](#) show parents how to communicate with teens on the issues that cause them stress such as body image, cyber-bullying or testing their own limits. Informed by experts in adolescent health and well-being, these new, free resources at **raisingchildren.net.au** were developed by Raising Children Network and NSW Kids and Families. The resources help parents communicate with their teens, in particular those with emotional and mental health concerns or a chronic illness.

*"Communicating with teenagers can be challenging for parents, especially when help is perceived by your teens as interference. Concern can be seen as babying, or advice can be interpreted as bossing",* said Professor David Bennett, AO, Senior Clinical Advisor, Youth Health and Wellbeing at NSW Kids and Families and a Senior Manager with the Sydney Children's Hospital Network.

[Click here to see a short overview video of the new parenting teens resources](#)



*"With around one in four teenagers developing a significant mental health problem, however, parents need to know what's normal and when to worry – it's part of the job."*

Sometimes parents can feel out of their depth when trying to help their teenager navigate the tricky terrain that often comes with adolescence. The videos help parents by demonstrating how parents and teens can communicate positively. Expert commentaries by professionals highlight good communication styles that parents can use to broach tricky issues and hold difficult conversations.

According to Dr Julie Green, Executive Director of Raising Children Network, the teenage years are a critical time in the development of good lifelong mental health. *"There's rapid growth and change during the teenage years – physically, mentally and socially. Parents play a crucial role during this time yet they often feel unsure about the balance between wanting to support their child and giving them space to manage issues themselves".*

The Raising Children website allows busy parents to access information and parenting tips at their own time and pace whether at home, work, or out and about.

[Click here for video library of new parenting teens resources](#)



## SCHOOL FEES & YEAR 10 FORMAL

Parents are reminded that your School Fee account must be paid in full or a suitable arrangement organised regarding the finalisation of the account. This must be in place before the formal ticket is authorised.





## Information Technology VET

In their Information Technology VET class students investigated how the steepness of the ramp affects the direction of the normal force of the object on a ramp.



### WORLD DAY for OVERCOMING EXTREME POVERTY

Extreme poverty destroys the lives and spirit of people; it kills more children, young persons, and adults than any war. Every day, people living in extreme poverty are challenged and threatened by lack of food, shelter and access to essential services.

The United Nations' (UN) International Day for the Eradication of Poverty promotes people's awareness of the need to eradicate poverty and destitution worldwide, particularly in developing countries.

17 OCTOBER 2014



## Community Announcements

### STEPPING BEYOND

A Support Group for  
Separated or Divorced Adults



STEPPING BEYOND is a Process/Personal Exploration Group. It is a monthly gathering for men and women who are separated or divorced. Through facilitated group interaction opportunity is given to individuals to address issues that arise as a result of changed life circumstances and ongoing adjustments. Emphasis is on personal awareness and self-development.

Facilitators: Sr. Eileen Quade and Rita Chater

**Date:** Last Tuesday of each month  
**Time:** 7.30pm to 9.30pm  
**Fee:** \$5.00  
**Venue:** CCSS Centre Blacktown  
51 -59 Allawah St  
Blacktown

**BOOKINGS ESSENTIAL**  
Solo Parent Ministry  
Phone 9933 0205  
soloparentministry@ccss.org.au



#### Focus Questions for Personal Exploration and Sharing

- How well are you "stepping beyond"?
- What do you want to "step beyond"?
- What are you currently "stepping beyond"?
- What is stopping you from "stepping beyond"?
- What have you learnt as you keep "stepping beyond"?



### BEREAVEMENT SUPPORT PROGRAM

For those who grieve the death of their partner

\$5/session

**When:** 10.30 - 12.30 every Wednesday fortnight starting 3rd Sept till 10th Dec

**Where:** Baptist Church Hall,  
313 Macquarie Rd, Springwood

#### BOOKINGS ESSENTIAL:

9933 0205 or soloparentministry@ccss.org.au

#### Workshop topics include:

- Physical effects of grief • Normal grief responses
- Images & frameworks for understanding grief
- Dealing with intense emotions
- Social effects of grief • Tasks of grief
- Continuing bonds with the deceased
- Differences between depression and grief

An opportunity for those who are widowed to further understand & come to terms with the many ways in which grief impacts their lives

[www.ccss.org.au](http://www.ccss.org.au) [facebook.com/catholiccarebm](https://www.facebook.com/catholiccarebm)

## HANDY FINANCIAL SERVICES

MORTGAGE BROKERS

LOAN ADVISORY

DEBT RESTRUCTURE

"Your partner in financial success"

**Debts Out of Control  
Why Continue to Struggle?**

**Talk to Us Today Call 8814 5077  
Get Your Free Assessment**

**Financially Stressed?**



# \$250.00 Offer

We are so **Confident** that we can help.

If we can't  
we will Pay YOU \$250

Call 1300 464 263 or visit  
[www.handyfinance.com.au](http://www.handyfinance.com.au)





## *From the Bishop and The Catholic Education Office*

### **13th Annual Diocesan Shopping Trip**

This year the Shopping Trip is raising funds for CatholicCare's family support program with Holy Family Services at Marayong. We will visit more than 15 factory outlets on a shopping extravaganza, which includes a bistro lunch. The shopping tour companies will pay our tour group a commission on the total retail sales. Last year we raised \$4000 with 115 passengers travelling on three coaches, found some fabulous bargains and had a great day out.

Date: Saturday 15 November 2014.

Departs from 2 points:

7am - Burns T-Way Station (off Old Windsor Rd), Kellyville (on-site parking);

7am - Information Kiosk, Panthers Leagues Club, Penrith (on-site parking).

Cost: \$55 adults, \$45 concession, \$20 children aged 5-17.

Bookings close 17 October: Virginia Knight tel 0413 60 75 71, [knightofgin@bigpond.com](mailto:knightofgin@bigpond.com)

### **Worldwide Marriage Encounter Weekend: 12-14 September**

A Marriage Enrichment experience for married couples. During the weekend, couples have a unique opportunity to reconnect, rekindle and refresh their relationship. Invest in your most precious asset ... your marriage!

Dates: 12-14 September 2014.

Venue: Mt Carmel Retreat Centre, Varroville.

Inquiries & bookings: Ardell & Bill Sharpe tel (02) 4283 3435 or [wsharpe@bigpond.net.au](mailto:wsharpe@bigpond.net.au) [www.wwme.org.au](http://www.wwme.org.au)

Facebook: [www.facebook.com/WWMEasternUnit](http://www.facebook.com/WWMEasternUnit)

### **The Gospel of John Bible Conference: 12-13 September**

With the theme 'Joy Made Complete', everyone is welcome to this two-day conference hosted by the Diocese of Broken Bay. Uncover fresh insights into John's Gospel with prominent Australian Johannine scholars Rev Fr Francis Moloney SDB, Assoc Prof Mary Coloe PBVM and Most Rev David Walker, Bishop Emeritus of Broken Bay.

Dates: 12-13 September 2014.

Venue: Caroline Chisholm Centre, Pennant Hills.

Cost: \$50 for both days, or \$25 for one day.

Registrations close 24 August. Visit [www.dbb.org.au/bible](http://www.dbb.org.au/bible) Tel (02) 9847 0448, [registrations@dbb.org.au](mailto:registrations@dbb.org.au)

### **Celebrating the Journey Mass: 14 September**

All married couples are invited to the annual Celebrating the Journey Mass when couples who have significant wedding anniversaries of 25 years and over this year will be specially acknowledged. Bishop Anthony Fisher OP invites couples celebrating anniversaries of 25, 30, 35, 40, 45, 50 years and over to be his special guests. A light lunch for couples and their families will be served in the Cathedral Hall after Mass.

Date: Sunday 14 September 2014 at 11am.

Venue: St Patrick's Cathedral, Parramatta.

RSVP: Through your parish or contact Lyn at CatholicCare Parramatta tel (02) 9933 0222, [marriage@ccss.org.au](mailto:marriage@ccss.org.au)

## **ST AGNES CATHOLIC HIGH SCHOOL 2013 ANNUAL REPORT**

The Annual School Report for 2013 is now available to all parents on our School  
Website - [www.stagnesrootyhill.catholic.edu.au/annual-school-report](http://www.stagnesrootyhill.catholic.edu.au/annual-school-report)

## **UNIFORM SHOP NEWS**

Year 7/2015 - Savings scheme

Spread The Cost, Lighten The Load.

Our Savings Scheme will take the sting out of paying for School Uniform.

Make weekly or monthly payments towards your uniform cost.

Payments can be made at the School Reception Office during school hours.



## Basketball -State Finals Report

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After a successful run at the CCC Metropolitan Regional Basketball tournament in May, our Intermediate Boys Basketball team returned to Penrith Basketball Stadium for the finals on August 18-19.

Our first game was against St Edwards Gosford. After a slow start, our boys were behind by single digits for most of the game against a much bigger opposition. Gradually, however, we wore them down led by Ngong Aher Akok Akok, Martine Malquisto and John Paul Reyes to tie the game in the last minute. After forcing a turnover with 2 seconds to go we had one last shot but unfortunately a tough reverse lay up by Martine Malquisto off a great inbound pass by Mawien Ater rolled out, leaving the result as a draw.

Game two, against Xavier Albury, started all St Agnes' way, jumping out to a big early lead. Unfortunately, our offense went missing for the next 20 minutes and again we found ourselves behind for most of the second half. Some huge baskets from Nathan Laigo and Ethan Tecson, as well as some great defence by Leodel Mendoza and Ralph Wingco saw us regain a three point lead in the last minute. A buzzer beating shot from Albury banked in, but luckily it was ruled a two point basket rather than a three, preserving a one point win for us.

The third game against St Pauls, Port Macquarie was a must-win for us to make the semi finals. The lead changed throughout the first quarter, with great scoring from Akok and Ngong as well as outstanding defence by our guards Mawien and Martin Galang on Port Macquarie's State rep point guard. After being 8 points down at half time the boys came out strong scoring the next two baskets but then the scoring slowed down, falling behind by double digits. Fighting back one last time the lead was cut to 4 points with a few minutes left but then the baskets stopped falling, and going for turnovers led to easy Port Macquarie baskets in the last minute, stretching their eventual winning margin to ten.

After that setback our boys started in a very deflated way against the top team of the tournament, Holy Spirit Bellambi, and we fell to a big deficit. Some tough plays from Geoffrey Mogga, Ngong, Martine and Seann Obrero kept the result respectable in the second half as Bellambi ran out 25 point winners.

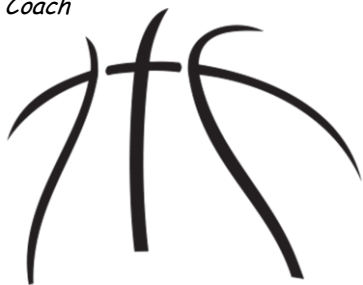
All of the training before the tournament and effort throughout the whole basketball season led to our boys finishing third in their pool at the State Finals and fifth overall. This is the best our school has ever done at basketball and is a credit to the talent, intelligence and toughness of these boys.

Thank you to Mr Hilder for his assistance throughout the year and tournament, to the parents for their support of the boys, and the school staff led by Mr Brogan and Mr Regan for their encouragement. The biggest thank you, however, goes to the boys for being such a great team to coach.

The squad includes-

Akok Akok, Ngong Aher, Mawien Ater, Nathan Laigo, Martin Galang, Martine Malquisto, John Paul Reyes, Leodel Mendoza, Ethan Tecson, Geoffrey Mogga, Ralph Wingco, Seann Obrero.

Greg Devine  
Coach



**St Aidan's Primary**  
1-5 Adelaide Street  
Rooty Hill  
Ph: 02 9625 3181  
Fax: 02 9625 5612

**Sacred Heart Primary**  
23 Nelson Street  
Mt Druitt South  
Ph: 02 9625 8733  
Fax: 02 9832 2258

**Holy Family Primary**  
Weber Crescent  
Emerton  
Ph: 02 9628 9232  
Fax: 02 9628 9589

**St John Vianney's Primary**  
17 Cameron Street  
Doonside  
Ph: 02 9831 1817  
Fax: 02 9831 6430

## CAPTIVATE DANCE

On Friday night Jazmin Taylor, Elizabeth Bayliss and Sarah Bayliss performed at the Western Sydney Business Awards at Rosehill Racecourse in front of a 600 person strong crowd. Not only were they expected to perform they greeted the guests on arrival. They were exceptionally behaved, performed wonderfully and were professional during a long day with a tech run at 2.30pm and finishing at 11pm.



## CAPTIVATE's GOT TALENT

Angel Ball and Helen Tavana participated in Captivate's Got Talent, a talent and mentoring program run by the Parramatta Catholic Diocese for our talented students. Industry leaders mentored Angel Ball and Helen Tavana who performed on Friday 29 August at Catherine McAuley, Westmead.

Angel & Helen sung successfully and Helen was announced best vocalist and excellence in vocal skills and Angel was announced Most Outstanding and unique vocalist of the competition.



## ROOTY HILL RSL YOUTH SWIMMING CLUB

Emerton Leisure Centre

Tuesday & Thursday

4.30 - 5.30pm

Contact: Tony Portelli 0419 247 619 or Shelley Harvey 0400 008 815



## OUR PARISHES

*St Aidan's*  
9 Adelaide Street  
Rooty Hill  
Ph: 02 9625 8404

*Sacred Heart*  
23 Nelson Street  
Mt Druitt South  
Ph: 02 9625 8847

*Holy Family*  
254 Luxford Road  
Emerton  
Ph: 02 9628 7272

*St John Vianney's*  
17 Cameron Street  
Doonside  
Ph: 02 9622 3426

# Important Information

## LOYOLA ENROLMENTS

Reminder to all Year 10  
Enrolment forms are due back at Loyola  
now.

## YEAR 7/2015

Enrolment forms for Year 7 2015 are  
available from our front office or  
from our website.

## OFFICE HOURS

8.00am - 3.00pm  
Closed during school holidays.  
Message bank facilities available.

## TAU BREAKFAST

Tuesday -Friday  
7.40 -8.10am  
in the Canteen area

## ACCEPTABLE USE OF INFORMATION TECHNOLOGY

The school provides a range of information and communication technologies, network infrastructure and Internet services for education, communication and research purposes for all members of the school community. Families should be aware that some material available on the Internet may contain items that are illegal, defamatory, inaccurate or offensive.

### Acceptable Use

Users are expected to use these resources in a responsible, ethical and legal manner, demonstrating respect for others and an appreciation of the right to learn of all students. The use of the network must be for educational purposes only and consistent with the educational objectives of the school.

### Copyright and Intellectual Property

Users are expected to be aware of copyright, intellectual property and plagiarism issues and acknowledge any material from a website that has been reproduced or used in any way. It is not permissible to reproduce material protected by copyright without permission of the copyright owner.

Use of the network will be permitted only after the student and parent (or guardian) have signed the user agreement in the school diary and made it available when requested.

Failure to observe any of these provisions may result in suspension of access rights for a period of time. Consequently:

- Students should not share user names and passwords and should logout at the completion of each session
- Use of computers is restricted to those times when a supervising teacher is present
- School resources must not be used to download, display, print, save or transmit material that is inappropriate or offensive to others
- No attempt should be made to download software or other files (e.g. mp3 music files)
- Internet chat is not permissible unless authorised for a class activity.

